

Team Topologies: Materiales de Facilitación y Aprendizaje

[Team Topologies - Book Club Facilitation Guide by Magda Björkman and Viktor Cessan](#)

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[Team Topologies](#) by Matthew Skelton and Manuel Pais

Book Club Facilitation Guide and Exercises by [Magda Björkman](#) and [Viktor Cessan](#)

Book clubs can be a great way for people to learn more about a subject or concept--if they are designed with that in mind. Unfortunately, many book clubs are poorly designed and lead to entrenched habitual thinking.

"How so", you might wonder? When book clubs ask what people liked and disliked about a book, or what parts seem relevant or irrelevant for their context, it's very subjective to biases. We are bombarded with information, there's a lot going on at our workplace and in our lives, and thus it becomes difficult to fully grasp the concepts described in books, particularly the more abstract they are. And any evaluation people give of a book is then based on an inadequate understanding.

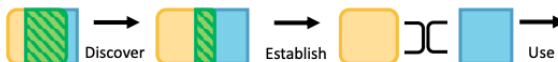
I, Viktor, have in the past written about how [interactive/experiential book clubs](#) help people better learn about the abstract concepts in books by turning them into practical and concrete exercises, and that's what this document is--a facilitation guide full of practical exercises that you can run with a group if you are considering running a book club about Team Topologies.

This guide and it's exercises is written by [Magda Björkman](#) (Agile Coach turned Engineering Manager) and [Viktor Cessan](#) (Agile and Organizational Coach). But note that this is not an official author approved guide, this is our take on the book and the exercises we thought of for our book club, and we may have gotten the authors points wrong.

[Review & QRC: Team Topologies](#)

Based on Team Topologies. QRC by Henny Portman. May 2020

- **Intrinsic cognitive load** – relates to aspects of the task fundamental to the problem space
- **Extraneous cognitive load** – relates to the environment in which the task is being done
- **Germane cognitive load** – relates to aspects of the task that need special attention for learning or high performance



TEAM

TOPOLOGIES

ORGANIZING BUSINESS AND TECHNOLOGY TEAMS FOR FAST FLOW

SHIPPING FREQUENTLY

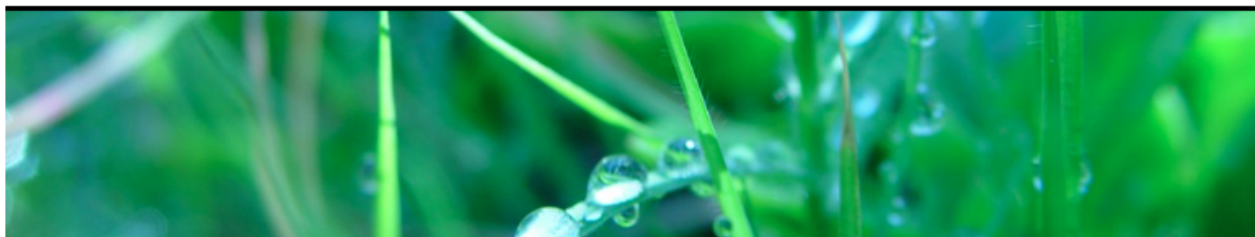
MATTHEW SKELTON
and **MANUEL PAIS**

Complicated-Subsystem Team: a team with a special remit for a subsystem that is too complicated to be dealt with by a normal stream-aligned team or platform team. Optional and only used when really necessary.

-  **Collaboration:** working closely together with another team
-  **X-as-a Service:** consuming or providing something with minimal collaboration
-  **Facilitating:** helping (or being helped by) another team to clear impediments

On Portfolio, Programme and Project Management

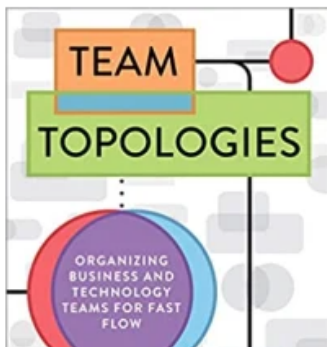
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Many organizations are struggling with their business agility transformation. One of the reasons is the way they have organized their teams. The focus was probably on efficiency and if these teams start to use agile ways of working, this doesn't make the organization agile. The book *Team Topologies – Organizing business and technology teams for fast flow*, by Matthew Skelton and Manuel

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